CQES: Center for Quality Eldercare Srvices 3660 N. Rancho Dr. #101, Las Vegas NV 89130 Office 702 489-5822 Fax 702 489-5822

Course Syllabus <u>101: Caregiving Fundamentals</u> 2022

Subject: Caregiving Fundamentals Day(s): (10 hrs)

Instructor: Gretchen Batis Contact Information: (702) 489-5822 Email:CQES@CQES.org

Course Description:

This course will provide a demonstrable knowledge to assist the elderly in maintaining their independence and retaining quality of life. During the study students will understand and demonstrate core fundamentals of activities of daily living. They will have a workable comprehension of infection control procedures and proper body mechanics.

Course Objectives:

After Completing this Course, the Student:

1. Describe what direct care workers (DCWs) do and where they may work.

2. Describe the continuum of care, service settings, and job opportunities for DCWs in various community settings.

3. Define the term "*scope of practice*" and list three or more factors that determine the scope of practice for direct care workers (DCWs) and In-Home Care Aides.

4. List the Nevada State regulations on mandatory training hours for DCW and In-Home Care Aide.

5. Identify, describe, and differentiate cases of abuse, neglect, and exploitation; describe preventive measure; state the reporting requirements and identify legal penalties.

6. Describe guidelines for avoiding legal actions and list methods for protecting consumer's rights and dignity.

7. Prepare written documentation following documentation guidelines.

8. Explain how infectious diseases are spread, and common preventive measures; identify components of the Blood borne Pathogen Standard.

9. Identify and explain basic principles of personal care and demonstrate selected personal skills.

10. Identify and demonstrate good body mechanics related to transferring and walking with an individual. Demonstrate the proper use of selected assistive devices.

Grading Policy:

If Student does not earn at least an 80% on the final course exam, they will be required to study, and re-take the exam, prior to receiving their Certificate of Completion.