



CQES: Center for Quality Educational Services
3660 N. Rancho Dr. #101 Las Vegas NV 89130
Office: (702) 489-5822 Fax: (702) 489-5858

Course Syllabus
105: Aging Overview
2022

Subject: Aging Overview
Contact Information: (702) 489-5822

Instructor: Gretchen Batis
Email: CQES@CQES.org

Course Description:

Students will learn how aging can affect the individual's health and wellbeing. The training will show how to prevent falls and the proper procedure for accidents in the residential community. They will learn the appropriate way to assist an individual facing End of Life with dignity and respect.

Course Objectives:

After Completing this Course the Student Overall Abilities Will Be to:

1. Understand how sleep patterns of the elderly may affect the wellbeing and mood of the person.
2. Identify the risk factors for falls among the elder.
3. Understand the potential degree of injuries a person may experience after a fall and how best to prevent additional injuries.
4. Assist an individual who has limited or reduced mobility because of injuries sustained in a fall.
5. Understand and demonstrate fall response procedures.
6. Understand the difference of a bedfast person and bedbound and the proper assistance for each type.
7. Identify potential life-threatening dangers a bedfast individual may encounter.
8. Identify and explain the cause of bedsores and prevention methods.
9. Demonstrate the proper positioning for bedfast individuals
10. Describe the grieving process and describe the dying process
11. Identify and explain emotional issues and coping strategies for the grieving process.
12. Explain the impact of culture and religion on end-of-life issues.