



CQES: Center for Quality Educational Services
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Course Syllabus
103: Mental Illness & Developmental Disabilities
2022

Subject: Mental & Developmental Disabilities **Instructor: Gretchen Batis**
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Course Description:

This course will provide an overview of mental health and mental illness. The causes, symptoms, and treatments of a variety of mental disorders will be discussed and what can be the impact of mental illness on individuals, and how best the direct care worker can assist them daily. Students will develop a thorough knowledge of how Developmental Disabilities will impact an individual's daily ability and how to assist in activities of daily living.

Course Objectives:

After Completing this Course the Student:

1. Define the term physical disability and what are the causes of physical disabilities
2. List 4 disability impairments and the proper support for the individual with the disability
3. Define the term syndromes and identify 3 types and causes
4. Explain what are psychiatric disorders and the difference between delusions and hallucinations
5. Describe the difference between non-drug and drug treatments for mental illnesses and appropriate behavior interventions.
6. Explain the proper and safe responses to situations that cognitively challenged residents may display
7. Identify and explain the difference between mood disorders and syndromes
8. Demonstrate appropriate exit strategies for unexpected confrontational situations