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Course Syllabus 102: Accelerated Alzheimer's & Dementia 2022

Subject: Alzheimer's & Dementia Instructors: Gretchen Batis Contact Information: (702) 489-5822 Email: CQES@CQES.org

Course Description:

The Alzheimer's and Dementia Care course will instruct caregivers to recognizes that persons with dementia have the same basic needs for security, shelter, nutrition, and affection as other adults, and have the same rights to have these basic needs met. The student will be instructed how to meet these needs, as progressive disease symptoms cause increasing dependence on the direct care worker.

Course Objectives:

After Completing this Course the Student Overall Abilities will be to:

- 1. Define "dementia"
- 2. Differentiate between and develop an understanding of the various forms of dementia.
- 3. Identify general care approaches and strategies based on the cognitive levels of individuals with dementia
- 4. Identify cognitive functions lost in Alzheimer's disease
- 5. Describe changes that occur in the brain as a result of Alzheimer's disease
- 6. Name areas of the brain affected by Alzheimer's disease
- 7. Identify the 3 stages of Alzheimer's disease and the changes that occur in those stages
- 8. Explain the importance of non-verbal communication
- 9. List communication problems experienced by individuals with Alzheimer's disease.
- 10. Identify problems with eating for each stage of Alzheimer's disease
- 11. Explain intervention tips for eating and nutrition for someone with Alzheimer's disease
- 12. Explain ways to assist an Alzheimer's individual with dressing in each stage of the disease
- 13. Describe interventions for common behavior problems in Alzheimer's disease
- 14. List basic principles for responding to challenging behaviors
- 15. Identify common triggers for potential behavior problems
- 16. Explain why behavior management strategies are preferred to medication use in controlling problem behaviors
- 17. List steps in adapting or modifying activities to meet the needs and preferences of an individual with Alzheimer's disease