



**CQES: Center for Quality Eldercare Services**  
**8020 W. Sahara Ave. #235 Las Vegas, NV 89117**  
**Office: (702) 489-5822 Fax: (702) 489-5858**

**Course Syllabus**  
**105: Aging Overview**  
**2014**

**Subject: Aging Overview**  
**Day(s): 1 Days**  
**Time(s): 9A – 2:30P**

**Course Description:**

**Students will learn how aging can affect the individual's health and wellbeing. The training will show how to prevent falls and the proper procedure for accidents in the residential community. They will learn the appropriate way to assist an individual facing End of Life with dignity and respect.**

**Course Objectives:**

**After Completing this Course the Student Overall Abilities Will Be to:**

1. Understand how sleep patterns of the elderly may affect the wellbeing and mood of the person.
2. Identify the risk factors for falls among the elder.
3. Understand the potential degree of injuries a person may experience after a fall and how best to prevent additional injuries.
4. Assist an individual who has limited or reduced mobility because of injuries sustained in a fall.
5. Understand and demonstrate fall response procedures.
6. Understand the difference of a bedfast person and bedbound and the proper assistance for each type.
7. Identify potential life-threatening dangers a bedfast individual may encounter.
8. Identify and explain the cause of bedsores and prevention methods.
9. Demonstrate the proper positioning for bedfast individuals
10. Describe the grieving process and describe the dying process
11. Identify and explain emotional issues and coping strategies for the grieving process.
12. Explain the impact of culture and religion on end-of-life issues.

**Course Requirements:**

1. **Maintain a three-ringed binder that will contain the course syllabus, class notes, handout, returned papers and all other related materials.**
2. **There will be no excused absences; student must re-schedule class if he cannot attend class.**
3. **Students must complete all reading and written assignments as/when instructed.**
4. **Students must wear scrubs and closed-toed shoes with no heel.**

**Grading Policy:**

If Student does not earn at least a 75% on the final course exam, they will be required to study, and re-take the exam, prior to receiving their Certificate of Completion.

**Progress Reports:**

Instructor will submit a daily progress report for each student on:

1. Professional Appearance (Scrubs)
2. Missing Assignments
3. Absent or Late and for what Reason
4. Works Well With Others
5. Participation in Class Discussions
6. Quality of Work
7. Legible Writing
8. Making Progress as Day Continued
9. Attentive to Instruction
10. Areas that Needs Improvement
11. Overall Grade for Class Objectives

**Class Format:**

Instruction, Lecture & Video Formats will be followed. All students are expected to participate in any class discussions, small group work or any other method of communication and interchange used by the instructor.

**Textbooks:**

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