



CQES: Center for Quality Eldercare Services
8020 W. Sahara Ave. #235 Las Vegas, NV 89117
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Course Syllabus
102: Alzheimer's & Dementia

Subject: Alzheimer's & Dementia

Day(s): 3 Days

Time(s): 9A – 3:00P

Course Description:

The Alzheimer's and Dementia Care course will instruct caregivers to recognize that persons with dementia have the same basic needs for security, shelter, nutrition, and affection as other adults, and have the same rights to have these basic needs met. The student will be instructed how to meet these needs, as progressive disease symptoms cause increasing dependence on the direct care worker.

Course Objectives:

After Completing this Course the Student Overall Abilities will be to:

1. Define "dementia"
2. Differentiate between and develop an understanding of the various forms of dementia.
3. Identify general care approaches and strategies based on the cognitive levels of individuals with dementia
4. Identify cognitive functions lost in Alzheimer's disease
5. Describe changes that occur in the brain as a result of Alzheimer's disease
6. Name areas of the brain affected by Alzheimer's disease
7. Identify the 3 stages of Alzheimer's disease and the changes that occur in those stages
8. Explain the importance of non-verbal communication
9. List communication problems experienced by individuals with Alzheimer's disease.
10. Identify problems with eating for each stage of Alzheimer's disease
11. Explain intervention tips for eating and nutrition for someone with Alzheimer's disease
12. Explain ways to assist an Alzheimer's individual with dressing in each stage of the disease
13. Describe interventions for common behavior problems in Alzheimer's disease
14. List basic principles for responding to challenging behaviors
15. Identify common triggers for potential behavior problems
16. Explain why behavior management strategies are preferred to medication use in controlling problem behaviors
17. List steps in adapting or modifying activities to meet the needs and preferences of an individual with Alzheimer's disease

Course Requirements:

1. Maintain a three-ringed binder that will contain the course syllabus, class notes, handout, returned papers and all other related materials.
2. There will be no excused absences; student must re-schedule class if he cannot attend class.
3. Students must complete all reading and written assignments as/when instructed.
4. Students must wear scrubs and closed-toed shoes with no heel.

Grading Policy:

If Student does not earn at least a 75% on the final course exam, they will be required to study, and re-take the exam, prior to receiving their Certificate of Completion.

Progress Reports:

Instructor will submit a daily progress report for each student on:

1. Professional Appearance (Scrubs)
2. Missing Assignments
3. Absent or Late and for what Reason
4. Works Well With Others
5. Participation in Class Discussions
6. Quality of Work
7. Legible Writing
8. Making Progress as Day Continued
9. Attentive to Instruction
10. Areas that Needs Improvement
11. Overall Grade for Class Objectives

Class Format:

Instruction, Lecture & Video Formats will be followed. All students are expected to participate in any class discussions, small group work or any other method of communication and interchange used by the instructor.

Textbooks:

102: Alzheimer's and Dementia